**Expressive Arts and Design – Worries**

Using recyclable material to make a worry monster.

Find a smooth stone – decorate it and keep it in your room. You can stroke it and tell it your worry.

Do these [five breathing exercises for kids from Cosmic Yoga](https://www.cosmickids.com/five-fun-breathing-practices-for-kids/) <https://www.cosmickids.com/five-fun-breathing-practices-for-kids/>

Get active with GoNoodle on Youtube

<https://www.youtube.com/watch?v=KhfkYzUwYFk>

**English**

Listen to ‘Ruby’s Worry’ by Tom Percival. Follow the link below

<https://www.youtube.com/watch?v=LWS0Q5oCUNE>

Here are some activities you can have a go a…

* Children to write the sentence… Ruby had a worry it got bigger and bigger. Can you write what her worry was?
* Ask the question ‘How did it go away?’ Discuss this and then write sentences.
* Draw your own worry. Write sentences about the worry. E.g. I worry about my family as we must stay at home.
* Create a helping hand. Draw around your hand and write a name on each finger of someone who you can talk to if you have a worry.

Upton Priory – Year 1 - Home Learning 22.06.20



**This week we are basing our school and home learning around the story ‘Ruby’s Worry’ We have put together some ideas to help you, don’t worry if you don’t get through them all.**

**Maths – using BBC Bitesize**

With the following subjects if you follow the link for the day, watch the videos and complete the activities on the webpage. There are some activities which will also need printing out. Should you not be able to print anything off at home please contact your teacher, we can print these off at school for you to collect.

Day 1: Number Bonds <https://www.bbc.co.uk/bitesize/articles/zh8m6v4>

Day 2: Ordering numbers within 50 <https://www.bbc.co.uk/bitesize/articles/zr6q7nb>

Day 3: Comparing numbers of objects <https://www.bbc.co.uk/bitesize/articles/zkcgrj6>

Day 4: Counting with Tens and Ones <https://www.bbc.co.uk/bitesize/articles/z69fy9q>

Day 5: Recap any of the things you might have found difficult this week. Otherwise ask your grown up to ask you some questions about what you have learnt this week.

**Phonics**

**Follow the link and join in with the daily lessons.**

**Here is the link**

<https://wandleenglishhub.org.uk/lettersandsounds/year-1>

**Day 1 –** Lesson 30 - g giant

**Day 2 -** Lesson 31 - c  ice

**Day 3 -** Lesson 20 – a apron

**Day 4 -** Lesson 32 -  a  wash

**Day 5 –** play Picnic on Pluto on Phonic play <https://www.phonicsplay.co.uk/resources/phase/2/picnic-on-pluto>